

**M.A. IN PSYCHOLOGY (MAPC)**

**Term-End Examination**

**December, 2013**

**MPCE-013 : PSYCHOTHERAPEUTIC METHODS**

*Time : 2 hours*

*Maximum Marks : 50*

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*Note : Answer any five questions. All questions carry equal marks. Each question is to be answered in about 500 words.*

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1. Define the concept of ego defense mechanisms. 5+5  
Discuss reaction formation regression and rationalisation on defense mechanism.
2. Discuss the assumption and importance of short term psychotherapy. Give a detailed account of interpersonal psychotherapy. 5+5
3. Discuss the model of human thinking and causation with reference to Cognitive Behavior theory. Explain the cognitive technique and Imagery technique of CBT. 4+6
4. Explain the following concepts with reference to Roger's client centered therapy: 2.5x4
  - (a) Empathy
  - (b) Self Disclosure
  - (c) Unconditional Positive regard
  - (d) Immediacy

5. Give an account of historical development of family therapy. Discuss the techniques of family therapy. 4+6
6. Write short notes on : 5+5  
(a) Narrative therapy  
(b) Play therapy
7. Discuss the age specific problems of adolescents and middle adulthood. 10
8. Discuss the following therapies : 5+5  
(a) Solution focussed therapy  
(b) Interpersonal therapy
9. Describe psychotherapies used for cancer patients. What is the importance of integrative psychotherapy in cancer. 7+3
10. Explain : 5+5  
(a) The role of unconscious in psychotherapy  
(b) Existential therapy
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