

M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

June, 2013

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 hours

Maximum Marks : 50

Note : Answer any five questions. All questions carry equal marks. Each question is to be answered in about 500 words.

1. Discuss the principles of psychoanalysis. 3+7
Elaborate Freudian Psychoanalytic theory.
2. Discuss and compare and contrast insight 5+5
psychotherapy and interpersonal psychotherapy.
3. Critically evaluate applications and limitations of 5+5
cognitive behaviour therapy giving suitable
examples.
4. Elaborate the strategies used in client centered 8+2
therapy. What is the role of cultural awareness
of therapist in this therapy ?
5. Discuss the most suitable therapeutic method for 5+5
the treatment of phobias in children.

6. Write short notes on the following : 5+5
(a) Behaviour Modification
(b) Eclecticism in psychotherapy
7. Discuss specific psychotherapeutic approaches used with problems in middle adulthood. 10
8. Discuss psychotherapeutic approaches for : 5+5
(a) Terminal illness
(b) Psychosomatic Disorders
9. Discuss humanistic approach and behavioral psychotherapy with dying persons. 10
10. Write an essay on object relation theory. 10
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