

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2015

02308

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

Answer any two of the following questions in about

500 words each :

2×10=20

1. What is analytical psychology ? What are the basic concepts of analytical psychology that distinguish it from Freudian Psychoanalysis ? 10
2. What do you understand by object relations theory ? Discuss its application in psychotherapeutic process. 10
3. What are the basic assumptions of cognitive behaviour therapy ? Explain the process of cognitive behaviour therapy. 10
4. What are the main differences between the therapies used for older persons and other age group persons ? 10

SECTION B

Answer any **four** of the following questions in about
300 words each :

4×6=24

5. Explain parent-child interaction therapy. 6
6. Discuss the techniques of interpersonal psychotherapy. 6
7. Explain the nature and process of solution focused therapy. 6
8. Mention the behaviour modification methods used to decrease undesired behaviours. 6
9. Define psychotherapy integration. Elucidate the various factors responsible for the growth of psychotherapy integration. 6

SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

2×3=6

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| 10. Unconditional Positive Regard | 3 |
| 11. Existential Therapy | 3 |
| 12. The Unconscious | 3 |
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