

M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

June, 2012

01002

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 hours

Maximum Marks : 50

Note : *All questions carry equal marks. Answer any five of the following. Each question is to be answered in about 500 words.*

1. What are the requirements for an effective counsellor ? Discuss. 10
2. Describe the techniques of person-centered counselling. Compare and contrast it with the behavioural techniques. 5+5
3. Explain the technique of systematic desensitization with an example. 10
4. What is art therapy ? Discuss its applications. 10
5. Describe step by step the cognitive behavioural therapy for the treatment of depression. 10

6. How will you define cluster A personality disorders ? Give a detailed account of different types of cluster A personality disorder. 2+8
 7. What do you mean by Gender Identity Disorder (GID) ? Describe the Symptoms and treatment of GID. 4+6
 8. Define eating disorder. Describe the treatment for eating disorder. 3+7
 9. Discuss the goals of counselling at different stages of education. 10
 10. Write short notes on *any two* of the following : 5x2=10
 - (a) Ego-defense mechanisms
 - (b) Assumptions of person-centered counselling
 - (c) Difference between Child Rights and Child Protection.
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