

**M.A. IN PSYCHOLOGY (MAPC)**

**Term-End Examination**

**June, 2013**

**MPCE-022 : ASSESSMENT IN COUNSELLING  
AND GUIDANCE**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : Attempt **any five** questions. All questions carry equal marks. Answer your question in not more than **500** words each.*

1. Define Psychological Assessment. Discuss the principles and processes of assessment in guidance and counselling. 10
2. Differentiate between structured and unstructured guidance and counselling programme. Discuss the roles of guidance and counselling in schools. 3+7
3. Elucidate the stepwise procedures of developing a guidance and counselling programme in school. 10
4. Define case history interview as a structured procedure of psychological assessment. Explain the format of case history taking. 4+6

5. Discuss Albert Ellis Rational Emotive behaviour theory. Differentiate it from Beck's model of cognitive counselling. 7+3
  6. Discuss the importance of relationship between the therapist and the client, in client centered therapy. 4+6
  7. Discuss the techniques of narrative counselling. 10
  8. How would you plan the counselling process keeping in view that the roots of problems lie in complex social systems ? Discuss the dilemma of a counsellor in such a condition. 7+3
  9. What is multicultural counselling ? Discuss the trends in Multicultural Counselling. 3+7
  10. Explain : 5+5
    - (a) Behavioural counselling
    - (b) Stage of Problem identification and exploration in guidance and counselling.
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